

## **PSYCHOLOGICAL INJURY\* CLAIMS\***

With mental health issues now the most common illness in the workplace, we at Richard Grogan & Associates come across many claims\* for psychological injuries\* suffered as a result of some accident\* or incident at work or because of how an employee was required to work.

A psychological injury\* is not always apparent in the immediate aftermath of an accident\* or incident. It can take time to manifest itself and can take many different forms such as depression or post traumatic stress disorder. It can be the result of witnessing a particular traumatic event such as a robbery or an assault or as a result of having been bullied at work or being required to work excessive working hours or as a result of having been assaulted at work. It can sometimes form part of the sequelae of a physical injury\* suffered at work such as not coping with pain or the fact that you have suffered a serious and permanent physical injury\*.

Psychological injuries\* can have a long recovery period and can be life changing. It is important to remember that they are just as serious as any physical injury\* and the symptoms cannot be ignored.

Before embarking on any claim\* for psychological injuries\*, it is important that a person seek medical treatment from a specialist medical practitioner and have been diagnosed as suffering with a recognisable psychiatric injury\*. A person will only have a period of two years within which to bring a claim for this type of injury\* so it is important that you seek legal advice, as soon as possible.

**If you require further information please phone us on 01 – 9695781 or e-mail us at [info@grogansolicitors.ie](mailto:info@grogansolicitors.ie). For further information you will find guides on our website [www.grogansolicitors.ie](http://www.grogansolicitors.ie).**

**\*Before acting or refraining from acting on anything in this guide, legal advice should be sought from a solicitor.**

**\*\*In contentious cases, a solicitor may not charge fees or expenses as a portion or percentage of any award of settlement.**